Founded in 1960, the Ackerman Institute for the Family is one of the premier institutions for family therapy in the United States. The Institute serves all kinds of families at all stages of family life by offering programs addressing a broad array of issues and concerns.

Ackerman also is one of the best-known and most highly regarded training facilities for family therapists. Each year, the Institute provides educational programs and workshops for family therapists and mental health professionals on site and in hospitals and clinics in New York, nationally and internationally.

Ackerman faculty members author influential articles and books, and present papers across the country and around the world. The innovative, cutting-edge research they undertake focuses on both the development of new treatment models and new training techniques.

Family therapy is a form of psychotherapy that brings family members together to solve their shared problems. It is based on the belief that families are the single most powerful resource available to individuals attempting to cope successfully with major psychological or medical issues or even those difficulties caused by society.

In traditional forms of psychotherapy, each individual works separately to solve his or her problems. In family therapy, family members work together to solve problems. By allowing families to harness and strengthen existing resources, and by helping family members work collaboratively toward inventive solutions to tough problems, family therapy has proven to be of great benefit to people at times of major life stress.

The Ackerman Institute has played a major role in expanding the scope of the field of mental health, and is widely acknowledged as a pioneer and leader in the field of family therapy. The Institute and its faculty have received multiple major awards from the nation’s leading professional organizations, including the American Association of Marriage and Family Therapy and the American Family Therapy Academy.

Through its dynamic interaction of training, treatment and research, the Ackerman Institute’s work positively affects generations of families, provides mental health care professionals with new skills, and brings innovative perspectives to community service agencies and other health care facilities.
About the Ackerman Institute: A Unique, Integrated Approach

The Ackerman Institute for the Family was founded in 1960, with a mission to develop cutting-edge and effective models of treatment for families in distress and to train clinicians in the implementation of those models. Since then, we have been unique in our focus on communities and the context surrounding an individual facing difficulties. We remain a forerunner in developing and constantly testing therapeutic models of family therapy to move away from individual psychodynamic models of treatment and improve our approach. To this end, the Ackerman Institute’s principal activities are:

Treatment

Ackerman’s on-site Treatment Center is at the heart of all of our service programs, training initiatives and research projects. Highly trained therapists help families from all ethnic, economic and religious backgrounds, as well as heterosexual and same-sex families and couples. Our goal is to harness and strengthen family resources, and help family members work collaboratively towards solutions to their problems. Ackerman is the only post-graduate training institute with a clinic licensed by the New York State Office of Mental Health.

Training

Ackerman’s training programs in family therapy serves mental health professionals on-site and at community-based workplace sites, which include social service agencies, hospitals, family courts, community centers, and schools. We offer an advanced two- and three-year postgraduate externship for psychologists, psychiatrists and social workers, and a one-year or semester-long course on family therapy theory and practice. In addition, we offer 32 different day-long education workshops on-site for mental health practitioners.

Research

The Ackerman Institute’s faculty members are experts in their fields and highly motivated to develop issue- or population-focused projects, and they dive deeply into research, training, and field-building activities. Ackerman’s research is about finding out what interventions work best in a given context – what approach for a particular problem yields the strongest results for children and families. Proven practices are shared with other experts in the field and brought back to trainees in our post-graduate training program. Each project has a unique focus that incorporates treatment, training and research for special populations. Projects change over time based on emerging issues and needs.

Through these integrated activities and responsive programming, the Ackerman Institute has been a major force in expanding the field of mental health’s understanding that the problems of the individual are best understood and solved in their social context, the context of the family and the community.
ACKERMAN INSTITUTE FOR THE FAMILY
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2011-2012

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Arnold Syrop
Principal
Arnold Syrop Associates
Clement B. Wood
Attorney
Law Office of Clement B. Wood
## Statement of Financial Position

**July 1, 2011 – June 30, 2012**

### ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td><strong>6,146,987</strong></td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>3,373,381</td>
</tr>
<tr>
<td>Investments</td>
<td>2,476,381</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>66,505</td>
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<tr>
<td>Contributions Receivable</td>
<td>160,000</td>
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<tr>
<td>Prepaid Expenses</td>
<td>70,720</td>
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<tr>
<td><strong>Total Current Assets</strong></td>
<td><strong>6,146,987</strong></td>
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<tr>
<td><strong>Property and Equipment, at Cost, Net of</strong></td>
<td><strong>507,916</strong></td>
</tr>
<tr>
<td>Accumulated Depreciation</td>
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</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>6,654,903</strong></td>
</tr>
</tbody>
</table>

### LIABILITIES & NET ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Liabilities</strong></td>
<td><strong>1,147,530</strong></td>
</tr>
<tr>
<td>Accounts Payable and Accrued Expenses</td>
<td>74,873</td>
</tr>
<tr>
<td>Salaries and Payroll Taxes Payable</td>
<td>35,479</td>
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<tr>
<td>Deferred Tuition and Fees</td>
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<td>Advance for Challenge Grant</td>
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<td>Line of Credit Payable</td>
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<td><strong>Total Liabilities</strong></td>
<td><strong>1,147,530</strong></td>
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<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Assets</td>
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</tr>
<tr>
<td>Unrestricted &amp; Board-Designated</td>
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<tr>
<td>Temporarily Restricted</td>
<td>1,974,762</td>
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<tr>
<td>Permanently Restricted</td>
<td>2,184,163</td>
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<td><strong>Total Net Assets</strong></td>
<td><strong>5,507,373</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>6,654,903</strong></td>
</tr>
</tbody>
</table>
## Statement of Financial Activities
### July 1, 2011 – June 30, 2012

**PUBLIC SUPPORT AND OTHER REVENUE**

<table>
<thead>
<tr>
<th>Description</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Support:</td>
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</tr>
<tr>
<td>Grants and Contributions</td>
<td>1,806,988</td>
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<tr>
<td>Special Events, Net of Direct Costs of $146,381</td>
<td>283,337</td>
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<tr>
<td>Total Public Support and Other Revenue</td>
<td>2,090,325</td>
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<tr>
<td>Other Revenue:</td>
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<tr>
<td>Patient Services</td>
<td>438,262</td>
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<tr>
<td>Tuition and fees</td>
<td>1,032,863</td>
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<tr>
<td>Rental Income</td>
<td>118,991</td>
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<tr>
<td>Investment Income</td>
<td>(3,097)</td>
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<tr>
<td>Miscellaneous</td>
<td>10,281</td>
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<tr>
<td>Total Public Support and Other Revenue</td>
<td>3,687,625</td>
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**EXPENSES**

<table>
<thead>
<tr>
<th>Description</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>Program Expenses:</td>
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<tr>
<td>Clinical Services</td>
<td>582,872</td>
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<tr>
<td>Education &amp; Workshops</td>
<td>1,510,697</td>
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<tr>
<td>Total Program Expenses</td>
<td>2,093,569</td>
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<tr>
<td>Supporting Services:</td>
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<tr>
<td>Management &amp; General</td>
<td>402,139</td>
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<tr>
<td>Fundraising</td>
<td>145,533</td>
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<tr>
<td>Total Supporting Services</td>
<td>547,672</td>
</tr>
<tr>
<td>Total Expenses</td>
<td>2,641,241</td>
</tr>
</tbody>
</table>

Increase (Decrease) in Net Assets                1,046,384
Net Assets, beginning of year                    4,460,989
Net Assets, June 30, 2012                        5,507,373
**Allocation of Expenses**

- Education/Training & Workshops: 57%
- Management & General: 15%
- Clinical Services: 22%
- Fundraising: 6%

**Source of Funding**

- Educational Fees: 27%
- Clinic: 12%
- Clinic: 12%
- Events: 11%
- Investments: 0%
- Misc: 3%
- Grants: 39%
- Individual Contributions: 8%
## Donors

### Foundations and Corporations

#### $100,000 or more
- The Robin Hood Foundation

#### $50,000 to $99,999
- Louis and Anne Abrons Foundation
- The Selz Foundation
- The Edith Glick Shoolman Children’s Foundation

#### $10,000 to $49,999
- Leonard and Sophie Davis Foundation
- The Charles Evans Foundation
- Goldman, Sachs & Co. Matching Gift Program
- David B. Kriser Foundation, Inc.
- Raylign Foundation

#### $2,500 to $9,999
- 291 Foundation
- HBO
- The Hyde and Watson Foundation
- Anna Maria and Stephen Kellen Foundation
- Leo Rosner Foundation, Inc.

#### $1,000 - $2,499
- The Barrington Foundation, Inc.
- The Nat R. & Martha Knaster Charitable Trust
- Metzger-Price Fund, Inc.
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- Resnick Investment Advisors, LLC
- Fred Stein Family Foundation
- Vandenberg & Feliu, LLP

#### $100 to $999
- Alliance Bernstein
- Frances and Benjamin Benenson Foundation
- Dodger Theatricals, Inc
- The Armand G. Erpf Fund
- Charles B. Israel Foundation
- The Klingenstein Fund
- Steckler Family Foundation

### Individuals

#### $50,000 or more
- Mr. and Mrs. Alan Quasha

#### $25,000 to 49,999
- Blair and Mary Kim Brewster
- Charles Bronfman
- Diane and Clyde Brownstone
- Martha Fling
- S. Alexander Haverstick II
- Alice Netter
- Paula Oppenheim
- Steven B. Schwartz

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- Diana Benzaquen
- Susan Ciccarone
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- Linda and Bernard Dishy
- Jane and William Donaldson

#### $5,000 to $9,999
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- Doris Kempner
- Carol and Arthur Maslow
- John and Kathy O’Neill
- Judith Stern Peck
- Dana and Gregory T. Rogers
- Robert and Shari Ruckh
- Sheri Sandler
- Helena and Stephen Sokoloff

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- Carl and Valerie Kempner
- Jack Levin
- Natalie Morales
- Doris Rosenthal
- John Rosenwald
- Mark Ross
- Toni Lynn Ross
$1,000 to $4,999
Robert and Lisa Abel
John Annicelli
Robert and Helen Appel
Anthony and Jennifer Arnolie
Kenneth Bartels and Jane Condon
Thomas Block
Ernest and Rita Bogen
Susan Bolman
Bruce Bossidy
Lois Braverman
Richard and Pamela Cantor
John Capozzola
Linda Carter
Bill Connolly
Mrs. Daniel Cowin
Christopher D’Angelo
Rohit Desai
Peter Alexander Douglas
John Fitzgerald
Susan Frieden
Edythe and Matthew Gladstein
James and Darlene Goodwin
Vicki Gross
Steven Guidice
Brian Hehir
Damon Hemmerdinger
Edward Henderson
Thomas and Ginny Hughes
Robert Janukowicz
Thomas and Marilyn Kahn
Ann Kempner
Fredrick and Sharon Klingenstein
Max Kupferberg
Beth Lee and Adam Beckerman
Matthew Leeds
David MacKinnon
Kerrie Macpherson
Eugene Mercy
Kenneth Mifflin
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Tom O’Reilly
Martin Payson
Frederick Peters
Robert Piazza
Lynn Pistilli
Mary Ann and Bruno Quinson
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Marie Wilson and Nancy lee
Clement and Sally Wood
Francesco Zerlenga

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Lewis Black
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Sandra Priest Rose
Henry Rubin
Baird Ryan
Ellen Sarnoff
Rony Schlapfer
Teddy Schwartzman
Richard and Miriam Sharfman
Sippio Small
Michael and Majorie Stern
Nina and Pieter Taselaar
Katrin Theodoli
Raymond and Jean Troubh
Peter Tryhane
George Van der Ploeg
Keith Van Orden
Kenneth and Carol Weiser

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Martin Augarten
David Battel
Kate Bell
Adele Bernhard
Mary Bijur
Kathy Marie Blair
Andrea Blumenthal
Patricia Booth
Mitchell and Beth Braverman
Michael Bresnan
Sandra R. Brown
Astin Brown
Shepherd and Jennifer Campbell
Vincent Ciaramella
Murray Cohen
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Ally Coulter
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Joan DeGregorio

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Nancy Dier
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Reada Edelstein
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Elizabeth France
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Marvin Ginsky
Marvin Glassmann
James Gold
Biwe Gold
Cheryl Golub
Eve Gordon
Samuel Guillory
Susan Haber
Chris Hamilton
Samuel Haverstick
Audrey Heckler
Jeffrey Himeles
Isabelle Holden
Michael C. Jackson
Charles Kahler
Eileen Kaloudis
Laurie Kaplan
Liza Karsten
Elana Katz
Mark Kaufmann
Maureen Kelly
David Kezur
Chuck Knauss
Victor Kovner
Charles Krauthamer
Robert LaViano
Richard Lee
Candice Lee
Susan Lemor
C. Stanley Lewis
Catherine Lewis
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Breanne Madigan
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Marc Malloy
Jean Malpas
Edward McElwreath
Gabriella Mesa-Jonassen
Edwina and John Millington
Victoria Morris
Kenneth Mountcastle
Christopher Murney
Debra Oppenheim
Peggy Papp
Susan Pines
Laura J. Pires-Hester
Darell Prescott
Michele Pronko and Joe Jelic
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Allan Rabinowitz
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Kurt Reinsberg
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Warren Sinsheimer
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Michael Smith
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Tyler Umbdenstock
Jane Vecchionne
Rebecca Waite
Anna Waller
Gregory Warner
Sue Ann Weinberg
Katherine White
William and Lillian Wolf
Gail L. Woods
Michael Zimmerman