

Curriculum

The Ackerman Certificate Program in Clergy and Family Systems is held online. The course curriculum includes online meetings with expert faculty, dynamic discussion, readings, and take-home assignments. The certificate program consists of four classes that are taken sequentially.

Trainees may register for individual courses without enrolling in the full certificate program at a fee-per-class.

- Introduction to Family Systems Therapy
- Clinical Seminar
- Person of the Clergy Seminar
- Group Supervision

About the Program

The Ackerman Certificate Program in Clergy and Family Systems teaches family systems theory and a relational approach to family therapy as it applies to ministerial counseling and functioning.

This online course will enhance the skills of clergy, priests, rabbis, imams, and other faith leaders who provide spiritual guidance to families across diverse communities. This training will help clergy support families, couples, and congregation members through life's joys and challenges.

Eligibility

Applicants must be a faith leader or spiritual influencer

Training at Ackerman is synonymous with having access to a group of faculty members with several decades of combined classroom and clinical experience. They are as professional as they are passionate about the role of family therapy as an effective therapeutic modality and as a means by which our institute's greater, social justice oriented aims, may be achieved.





The Ackerman Institute for the Family is a major force in post-graduate training for practitioners committed to family mental health. We work with therapists and community partners to develop the necessary skills to support families from all backgrounds. Visit us online to learn more about our clinical services, professional trainings, and community initiatives.

The Ackerman Institute for the Family is a 501(c)(3) nonprofit organization.

Program Goals

- Understand family systems thinking and therapy
- Demonstrate awareness of integration of family systems theory and theology
- Understand importance of family of origin and culture
- Learn importance of person of the clergy in ministerial functioning and leadership
- Conceptualize human functioning from a relational perspective
- Apply systemic principles, including a "both-and" perspective, to organizational management
- Understand the dynamic interplay of societal forces and family functioning

Why Should Clergy Members Train at Ackerman?

As the leader in couple & family therapy for over 60 years, the Ackerman Institute for the Family is uniquely positioned to help faith leaders better support families and communities. We view systems theory as an integral part of working with family relationships. Our goal is to deliver the most effective skills to professionals who make a difference.

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